

STARTING FRESH, SOMEWHERE NEW

Congratulations! You've recently graduated and are at a pivotal point in your life. You now have the opportunity to take the bull by the horns and build the life that you want to live. This is when you get to determine WHO you want to be and WHAT kind of lifestyle you want to live. As exciting as this may be, it is not easy. Starting over somewhere new can be lonely, frustrating, scary and unknown. The good news is, we are here to support you through it so you can be happy and successful in your new home here in Yankton!

MY SUCCESS IS...



SUCCESS

First things first, have you identified what success is for YOU?

Think about how you measure success.

What does it look like?

How will you know once you are there?

What success do you want 1 year from now?

5 years from now?

15 years from now?

Now, write down what success is for you.

Say it out loud,.

Make it real. It is more than just a dream!

GOALS & PRIORITIES

Next, you need to know:

- WHY are you here,
- WHAT you are trying to accomplish,
- And HOW you will make that happen.

Note: You need to determine this for BOTH your personal AND professional life.

Fill this in on Section 2 of the Yankton Relocation Roadmap.

Examples: Pay off student loans, get experience, make friends, make this HOME.



ADULTING 101

- Live within your means. Nothing is more stressful than worrying about money to pay rent, or be able to go out and have some fun. Know your budget and live accordingly. Thrifting is super trendy!
- Get connected. Connect with people and organizations. This will help you find your friends and the spaces that make Yankton feel like home to you.
- Daily responsibilities Don't forget to keep up with the little things, like laundry, cleaning, cooking and exercising to avoid overwhelm. You already have a lot going on so implement a routine that will streamline these daily tasks.

BALANCE

Don't forget to balance your time, energy and resources in order to LIVE, WORK and PLAY!



TIMING

Be realistic with your time. There are only 24 hours in a day. You need 8 hours of sleep. You work X number of hours. Don't overcommit or overbook yourself. Make sure you include down time to rest, relax and do some laundry!

REMINDERS TO...

- Stop by DMV for SD drivers license, car registration and voter registration.
- Get covered with Renters or Homeowners insurance.
- Change your mailing address for USPS, subscriptions, billing, etc...
- Attend community networking events
- Keep in touch with your friends.

HOW TO GET CONNECTED

The purpose of getting connected is to meet people, who will either become a friend or contribute to your experience making Yankton home.

- Start with your existing social network in the area. If the only person you know is your HR department and supervisor, start there! Ask them for recommendations on where to meet people. Tell them what you like to do.
- Volunteer. This is a great space to meet people who care about the community they live in and are likely knowledgeable about it too!
- Join something. A rec league, a club, etc...
- Attend events. Trivia night, City events,
 Chamber events, Facebook Events, Meetup
 Events, Newcomer Events...
- Find a "Your spot" where you become a regular. Coffee shop, grocery store, book store, park, etc...



MINDSET

Starting over somewhere new is HARD. Relocating is gaining more recognition as being the hardest and most stressful life events that we go through. This is because it is an adjustment for every aspect in your life. It is a no-brainer that the transition into a new community, even one as great as Yankton, can get you down. That is why it is important to focus on keeping a healthy mindset.



Get FRESH AIR and EXERCISE every day.

Surround yourself with POSITIVE people.

Focus on your WINS, no matter how big or small.

BE CURIOUS

Be curious about Yankton and our surrounding communities.

Ask questions! We love to share knowledge and recommendations with new residents.

Try something that is new to you! We have lots of opportunities to try a new hobby.

UTILIZE THE RESOURCES AVAILABLE TO YOU

Be smart and utilize the resources available to support your journey in making Yankton your HOME. Here are some to get you started!

- Yankton's Relocation Roadmap
- Yankton Thrive
- Trivia night (<u>Mojo's</u>)
- <u>Recreational leagues</u> (Volleyball, Softball, Wiffleball, Basketball, <u>Tennis, Archery, Pickleball, Pinball,</u> <u>Bowling, Axe Throwing</u>)
- Local Churches

- Follow Local Sports
- Lewis & Clark Community Theatre
- Visit Local Coffee Shops (<u>Muddy</u>
 <u>Mo's</u> and <u>Willa B's</u>)
- <u>Welcoming Wednesdays</u>
- <u>United Way Volunteer List</u>





SUCCESS IN YANKTON

What are the first few action items you will take in order to be successful with your personal and professional life here in Yankton?

- 1.
- 2.
- 3.
- 4.
- 5.

Great. Now go do them!

The Yankton New Grad Relocation Guide is a collaboration of Yankton Thrive and The Relocation Companion.



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