

CLOTHING CLOSET 203 E 3rd St.....Call for appointment (605) 665-6766 Free clothing by appointment only. Mondays 2-6 p.m. No voucher needed. COMMODITY SUPPLEMENTAL FOOD PROG 900 Whiting Dr...(605) 665-1055 Monthly supplemental food for aged 60+. Income-based. AKA Senior Box Program. AFFORDABLE CONNECTIVITY PROG \$30/mo discount internet..(877)384-2525 SNAP, Medicaid, WIC, SSI, Housing Asst, VA benefit, free/reduced lunch recipients, Pell grant recipients or income under 200% of federal poverty level., Apply acpbenefit.org CONTACT CENTER 321 W 3rd......(605) 260-4400 option 2 Food Pantry, payee services, emergency asst, gas vouchers for medical appointments. Heating, Emergency Furnace Repair, Energy Crisis Intervention, Weatherization asst. FAIR HOUSING OMBUDSMAN Paul Flogstad......(877) 832-0161

Mediator with landlord/tenant conflicts. Email fairhousing@fairhousingsd.com. FEEDING YANKTON Call ahead, get name on list(605) 665-1518/(605) 653-9250

4H grounds, 709 Whiting Dr. Food box distributions Tuesdays/Fridays 9:00 am FOOD FOR THOUGHT FOOD PANTRY/SACK PACKS..........(605)653-0717

Deb Overseth. Food boxes to families with students in the Yankton school district. Calvary Baptist parking lot, 2407 Broadway, distributed 1st and 3rd Tuesdays, 4:30-6 pm.

GOODWILL Low cost clothing/household items. 2508 Fox Run Pkwy.. (605) 665-8847 HABITAT FOR HUMANITY HOMES & FURNITURE RESALE.(605) 260-4224 Rebecca Meier. 218 Capital St. Income-based hand-up program for home ownership &

home repair opportunities. Low-cost furniture at store. Visit www.habitatclayyankton.org. LOADS OF LOVE Express Laundromat, 2098 Elm...665-7415/665-7320/665-2991 Free loads laundry 2nd/3rd/4th/5th Tuesdays 4-7 pm monthly. Located behind Walgreens.

LIFELINE TELEPHONE ASST To apply visit www.usac.org or call...(800)234-9473 Reduced monthly rate for SNAP, Medicaid, Housing Asst, VA or SSI recipients, or

under 135% of poverty level. Free phone and cell plan at www.entouchwireless.com PATHWAYS SHELTER FOR THE HOMELESS (605) 665-8994/(605) 857-3153 412 E 4th St. Jesse Bailey. Emergency shelter, Homeless Prevention & Rapid

Rehousing asst. Free furniture & household items for 5 hours volunteering with Pathways. RIVER CITY DOMESTIC VIOLENCE CTR Stacy Starzl-Hansen. Crisis Line...665-1448 Domestic abuse, sexual assault advocacy, shelter, housing assistance.......665-4811

RURAL OFFICE OF COMMUNITY SVCS 920 Brdwy...665-4559/(605)481-0006 Jodi Boese. Emergency rent/utility asst. Homeless prevention/rapid rehousing asst. Garden & school supply asst. New employment gas asst. Transit passes. Tax filing asst.

SLEEP IN HEAVENLY PEACE FREE BEDSwebsite shpbeds.org Free beds delivered kids 3-18. Click Apply for a Bed, Brookings Chapter, Yankton zip.

Intensive re-entry ministry to prison releasees. Counseling, housing & job assistance.

TENANT RIGHTS East River Legal Services, 335 N Main, Sioux Falls. (800)952-3015 Free asst to low-income, vets, dom violence, elderly, disabled. Apply at erlservices.org

Nutritious lunch/Meals On Wheels \$3.75 suggested donation age 60+. Open to public.

VERMILLION HOUSING Dave Theisse, dir.....(605) 677-7191 Housing choice vouchers. Subsidized apartment and rental clearinghouse lists

WOMEN, INFANTS & CHILDREN (WIC) PROG 321 W 3rd #B01.260-4400 ext 1 Food, education for pregnant/postpartum/nursing women, kids under 5, income-based.

Free meal Thursdays, 6-7 pm. All welcome.

YANKTON HOUSING Camille Mertens, dir. 416 Walnut St......668-5256 Housing choice vouchers providing low-income rental assist. Rental guides available.

SOCIAL SERVICES ASSISTANCE

3113 Spruce. Food (Supplemental Nutrition Assistance Program), Medicaid,

Temporary Assistance to Needy Family (TANF) cash asst. Child support and protection services. Long-Term Services & Supports for elderly, people with disability.

EMPLOYMENT RESOURCES

ADVANCE SERVICES Renee Alberts. Staffing agency.1800 Broadway Ste 2(605)689-2005 MIGRANT/NATL FARMWORKER JOBS PROG. (605) 367-5300 ext 1801260 811 E 10th, Sioux Falls. Shelly Disbrow. Job asst, ESL, GED, training.

Mamissa Evans. National Indian Council on Aging. Jobs/paid training for those age 55 or older.

SD DEPARTMENT OF LABOR AND REGULATION 3113 Spruce St...668-2900 Free assistance with job placement, testing, employment counseling and training.

REEMPLOYMENT ASSISTANCE Visit dlr.sd.gov/ra.....(605) 626-2452 Job placement, training, coaching, adaptive equipment for those eligible with disability.

EDUCATION AND TRAINING RESOURCES

CORNERSTONES CAREER LEARNING CENTER 610 W 23rd Ste 1...668-2920 Nakita Maddox. GED, college/career readiness, Eng as 2nd Lang classes,test proctoring. JOB CORPS www.jobcorps.gov......(605) 275-4611 ext 1 Free education & training for youth age 16-24 at centers. Learn trade, GED, HS diploma MOUNT MARTY UNIVERSITY 1105 W 8th. Private, co-ed liberal arts......668-1545 RTEC Monte Gulick. 1200 W 21st. Professional/skilled workforce training.......668-5700 American Welding Society Certification, CNC, CDL and "just for fun" classes.

UNIVERSITY OF SOUTH DAKOTA 414 E Clark, Vermillion........(877) 269-6837

OPPORTUNITIES TO VOLUNTEER

KEEP YANKTON BEAUTIFUL Email:info@keepyanktonbeautiful.org......(605)689-1600 Sarah Gehm. 416 Brdwy. Litter clean-up, beautification projects, recycling education. RETIRED & SENIOR VOLUNTEER PROGTom Kurtenbach, United Way665-6766 SENIOR COMPANIONS Age 55+. Companionship/errands.Kristin Fox(888) 239-1210 Advocates to promote best interests of abused/neglected children in court proceedings. UNITED WAY OF GREATER YANKTON 920 Broadway. Lauren Hanson, Dir..665-6766 DAY CARE, PRESCHOOL, PARENTING AND YOUTH PROGRAMS BIG FRIEND-LITTLE FRIEND Youth mentoring, Baylie Galbreth. United Way......665-6766 BOY SCOUTS OF AMERICA Will Kennedy.....(605)670-8606 Before/after school (5:30-8:30a/3:20-6p), summer daycare (6:30a-6p). Takes child care asst. BOYS & GIRLS CLUB After-school/summer progs, 2008 Mulberry, Koty Frick........668-9710 CALVARY KIDS PRESCHOOL Calvary Baptist Church, 2407 Broadway..665-5594 CHILD CARE SERVICES Income-based daycare assistance.......(800) 227-3020 Need licensed/registered, relative, in-home or informal provider age 18+. sd.dss.gov Sponsored by River City Family Connections. Free to public. GIRL SCOUTS-DAKOTA HORIZONS www.gsdakotahorizons.org (800) 666-2141

Out-of-school time activities for girls in K-12th grades. Financial aid available.

PARENTS AS TEACHERS/ RESPONSIVE PARENTING CLASS.....661-4833 Carie Jo Ahlgrim. Prenatal to preschool. Home visits, screening and support.

Shayla Sorensen. Supervised family visitation center.

SOCIAL SERVICES 3113 Spruce for a listing of area daycare providers.....668-3030 To become licensed/registered: 811 E 10th, Sioux Falls......(866) 801-5421 option 4

SACRED HEART CATHOLIC PRESCHOOL/JR. K 1500 St Benedict...665-5841 TOY/CHILDRENS BOOK LENDING LIBRARYMMC Library668-1555/668-1558 YANKTON COUNTY 4-H Kids age 5-18.Extension office,901 Whiting......665-3387

8 clubs. Youth programs focus on science, agvocacy, healthy relationships, leadership. YANKTON PUBLIC PRESCHOOL/PRE-K Webster Elem. 317 E 7th665-2484

803 E 4th. Listing of area daycare providers both licensed/non-licensed.

TRANSPORTATION

AFFORDABLE TAXI CAB 24/7. 150-mile radius, non-smoking.661-0464/689-2822 EXCELLENT CAB Generally 10 pm-4 am, call to schedule other.....(605) 664-3222 JULIE'S TIP TOP TAXI 5am-10 pm, Yankton area, non-smoking......(605) 760-4900 SHUTTLE EXPRESS 24/7. 150-mi radius, disability accessible, no smoking. 760-0090 VETERANS MED APPT TRANSPORT Tues/Thurs. Call Vet Svc Officer.260-4420 \$2.50/ride all ages within city limits. Will transport to/from surrounding cities (Sioux Falls, Dakota Dunes, Wagner). Wheelchair lift vehicles. Call for pricing/scheduling.

CONSUMER ISSUES

ATTY GENERAL'S CONSUMER PROTECTION	.(800) 300-1986
BETTER BUSINESS BUREAU	(800) 649-6814
CONSUMER PRODUCT SAFETY COMMISSION HOTLINE	(800) 638-2772
DO NOT CALL REGISTRY www.donotcall.gov. End telemarketing	(888) 382-1222
SENIOR ISSUES	
	(000) 607 0077

AMERICAN ASSN OF RETIRED PERSONS (AARP)......(888) 687-2277

Home health, homemaker services, hospice house, in-home hospice services COMMODITY SUPPLEMENTAL FOOD PROGRAM 900 Whiting Dr.....665-1055

Monthly supplemental food for aged 60+. Income-based. AKA Senior Box Program. DAKOTA AT HOME (Aging and Disability Resource Connections)....(833) 663-9673 DO NOT CALL REGISTRY www.donotcall.gov. End telemarketing.. (888) 382-1222 HEARTPRINT HOME CARE Vermillion......(605) 624-5900/(605) 655-5900 Personal cares, homemaker and respite services. Serves Yankton area.

MEDICARE HOTLINE Questions answered, publications......(800) 633-4227 MEALS ON WHEELS 900 Whiting Dr. Call Meals On Wheels coordinator 665-1055

Meal delivery to homebound aged 60+. Hot meals Mon-Thurs, frozen for Fri/weekends.

Free pet food for aged 60+ & low-income. SALES AND PROPERTY TAX REFUND/FREEZE PROG(605)260-4400 opt 7

Disabled or age 65+ freeze, 66+ refund. Income-based. Apply at Treasurer, 321 W 3rd. SENIOR COMPANIONS Age 55+. Companionship/errands.Kristin Fox(888)239-1210

SENIOR HEALTH INFO AND INSURANCE EDUCATION (SHIINE)...665-4685 Medicare insurance advice, Part D enrollment at The Center.

- SOCIAL SECURITY 1818 Broadway Suite 2....(877) 405-3522 or (800) 772-1213 TAX-AIDE Free help during tax season. 900 Whiting Dr......665-4685
- Recreation, socialization and nutrition for adults all ages.

FINANCIAL PROBLEMS

LSS CENTER FOR FINANCIAL RESOURCES 665-2106 or (888) 258-2227 Sylvia Selgestad. 920 Broadway. Svcs to help manage money, reduce debt, avoid foreclosure. Education & support student loans, budgeting, home buying, wise credit use.

GENERAL COUNSELING

AVERA MED GRP BEHAVIORAL HLTH 409 Summit, Ste 3200...(605) 655-1232 BRIDGES TO HOPE COUNSELING Jerry Webber, 100 Douglas Ste 108.665-4488 FAMILY ED & COUNSELING Sliding-scale fee, faith-based, 1700 Burleigh 260-9284

Individual, family, couple, child counseling, anger management classes. FAMILY & MARRIAGE COUNSELING CTR Estelle Johnson,317 Bdwy #14.665-9084 GREENTREE PSYCHOLOGICAL Dr. Liz Spivey, PhD 400 W 20th Ste A..668-2222 HEARTLAND PSYCHOLOGICAL SVCS 614 Broadway......665-0841 HORIZON HEALTH CARE YANKTON 920 Broadway Suite 2......260-0310 JOURNEY TO CHANGE COUNSELING Mary Kay Healy. 420 Brdwy...(605)655-2112 MARANATHA CHRISTIAN COUNSELING317 Broadway Suite 10(605)520-0477 Dr. Carol Mehlhaff. Specializing in individual and couple counseling.

MERIDIAN COUNSELING & FAMILY SVCS311 Cedar......(605) 689-0457 Drs Van Gilder, Pagel & Pierce. Comprehensive psychological services. RISING HOPE COUNSELING 610 W 23rd Ste 7.....(605) 494-1500 Stacy Starzl-Hansen. Domestic abuse, sexual assault advocacy, shelter......665-4811 STRONGHOLD COUNSELING Faith-based,610 W 23rd St,Ste 8....(866) 802-0003 THE LOURDES CENTER (Catholic Family Svcs),610 W 23rd Ste 6D. (800)700-7867

PREGNANCY COUNSELING

HORIZON HEALTH CARE YANKTON 920 Broadway Suite 2......260-0310 Family planning services, education, counseling, nursing, pregnancy, medical, sexually-transmitted disease testing. Income-based.

621 E Presentation St, Sioux Falls. Adoption, counseling, foster and kinship services.

Birth control, pregnancy testing, STD testing/treatment and abortion services.

THE LOURDES CENTER (formerly Catholic Family Svcs)....(800) 700-7867 523 N Duluth, Sioux Falls. Pregnancy counseling services. WOMEN, INFANTS & CHILDREN (WIC) PROG 321 W 3rd #B01..260-4400 ext 1

Nutrition advice, food for low-income pregnant, postpartum women, kids to age 5.

ZOECARE Rachel Jones, dir. www.zoecarepregnancy.org 2007 Locust. (605)655-4967 Free pregnancy testing/ultrasound, parenting classes, baby supplies.

DRUG, ALCOHOL OR GAMBLING PROBLEMS

AA, AL-ANON, AL-A-TEEN 1019 W 9th Alcoholic support area63aa.org......665-2000 DARE Drug Abuse Resistance Education Program, Yankton Police Dept......668-5210 HUMAN SERVICES CTR 3515 Brdwy, Mental illness/chemical dependency668-3100 NARCOTICS ANONYMOUS 1st United Methodist, 207 W 11th, www.na.org665-2991 SD QUIT LINE Tobacco cessation free advice, materials and meds....(866) 737-8487

HEALTH CARE SERVICES

ALL WOMEN COUNT getscreened.sd.gov/count......(800)738-2301 Free screening breast and cervical cancer for Women 30-64. Income-based.

AVERA MED CALL CTR (formerly Ask-A-Nurse)24 hrs/day(877) 282-8372 opt 1 AVERA MEDICAL GROUP FAMILY MEDICINE 2525 Fox Run Pkwy....260-2100 Home health, homemaker services, hospice house, in-home hospice services

CANCER INFO CENTER www.cancer.gov, info, clinical trials......(800) 422-6237 COMMUNITY HLTH NURSE 321 W 3rd Ste B01. Vaccines, screening260-4400 ext 1 DESTINY CLINIC1905 E 8th, Sioux Falls.Free clinic,Weds/Thur 6-8:30(605)777-3439 DONATED DENTAL SVCS Free services for elderly and disabled.....(866)551-8023 FALLS COMMUNITY HEALTH ... medical - (605)367-8793 dental - (605)367-8022 521 N Main, Sioux Falls. Sliding-scale fee. www.siouxfalls.org/FCH.asp

HEARTPRINT HOME CARE Vermillion......(605) 624-5900/(605) 655-5900 Personal cares, homemaker and respite services. Serves Yankton area.

HORIZON HEALTH CARE YANKTON 920 Broadway. Medical/dental......260-0310 Sliding-fee available for uninsured, low-income. All insurances/income levels accepted. LION'S CLUB Asst with eyeglasses/hearing aids.Apply at Contact Ctr(888) 735-4667 POISON CONTROL HOTLINE 24/7 service. www.poison.org.......(800) 222-1222 QUALITY HEALTH CLINIC 2001 Broadway. Primary/urgent care, walk-in..689-2273 SERVANT HEARTS CLINIC 232 Capital. Free walk-in clinic patients 18+..760-0192 Open Mondays, 5:30-7 p.m., for urgent, non-emergency care, non-narcotic meds.

SIOUXLAND COMMUNITY HLTH Sioux City.Sliding-scale fee.......(888)371-1965 SOCIAL SERVICES 3113 Spruce, Medicaid. Age/income/resource-based..668-3030 VA HOSPITAL Sioux Falls, Inpatient/outpatient services for veterans. (800) 316-8387 WWW.NEEDYMEDS.ORG Free/reduced drugs through manufacturer.....(800) 503-6897 PHYSICAL AND MENTAL ABUSE

CHILD ABUSE NATIONAL HOTLINE www.childhelp.org......(800) 422-4453 DOMESTIC ABUSE HOTLINE River City Dom. Violence Ctr. 24 hrs/day...665-1448 SHERIFF, YANKTON COUNTY James Vlahakis, 410 Walnut Ste 104.....668-3567 SOCIAL SERVICES 3113 Spruce, Child Protection Unit......(877) 244-0864

CONGRESSIONAL/LEGISLATIVE HOTLINES

SD REP RYAN CWACH Ryan.Cwach@sdlegislature.gov	
SD REP MIKE STEVENS AttyMike07@gmail.com	661-0057
SD SENATOR JEAN HUNHOFFemail: dihunhoff@iw.net	660-5619
US REP DUSTY JOHNSON dustyjohnson.house.gov.	(855) 225-2801
US SENATOR JOHN THUNE thune.senate.gov	
US SENATOR MIKE ROUNDS rounds.senate.gov	(844) 875-5268
ASSISTANCE FOR PEOPLE WITH DISABILIT	TES (
ABILITY BUILDING SERVICES 909 W 23rd, Yankton	665-2518
Residential services and vocational training for people with develo	opmental disabilities.

BIRTH TO THREE CONNECTIONS Holly Neth......(605) 310-7451 Services to families with infants and toddlers with developmental delays or disabilities. COMMUNICATION SVCS TO THE DEAF......(800) 642-6410, relay 711 CONNECTIONS Advocacy/social activities for adults with disabilities.. (605) 660-0966 DAKOTA AT HOME (Aging and Disability Resource Connections)....(833) 663-9673 DISABILITY RIGHTS SOUTH DAKOTA......(800)658-4782

Rights protection/advocacy for individuals with disabilities. IMPACT Melissa Lindahl, director, L&C Behavioral Health, 301 Capital..........668-2960

Services to people with mental illness. INDEPENDENT LIVING CHOICES Courtney Simantel/Teresa Seiler, 920 Bdwy668-2940 Info, disability/housing application assistance, emergency dialers, home modification,

adaptive devices, peer support, independence skills to those with med condition/disability. LIFELINE TELEPHONE ASST To apply visit www.usac.org or call...(800)234-9473

Reduced monthly rate for SNAP, Medicaid, Housing Asst, VA or SSI recipients, or under 135% of poverty level. Free phone and cell plan at www.entouchwireless.com

NAMI SOUTH DAKOTA (Nat'l Alliance on Mental Illness)......(605) 271-1871 Support/education for families, those living with mental illness. www.namisouthdakota.org

SALES AND PROPERTY TAX REFUND/FREEZE PROGS 260-4400 ext 7 Disabled or age 65+ freeze, 66+ refund. Income-based. Apply at Treasurer, 321 W 3rd.

SD PARENT CONNECTION www.sdparent.org Service referrals....(800) 640-4553 SERVICES TO BLIND AND VISUALLY IMPAIRED......(800) 265-9679 SOCIAL SECURITY 1818 Broadway Suite 2....(877) 405-3522 or (800) 772-1213 SOUTHEAST FAMILY SUPPORT Nikki.kavanagh@sesdac.org.....(605) 660-4574 Nikki Kavanagh, PO Box 349, Scotland. Support services to people with disabilities.

VOCATIONAL REHABILITATION 3113 Spruce St., Ste 128......668-3050 Job placement, training, coaching, adaptive equipment for those eligible with disability.

VETERAN/MILITARY ISSUES

AIR FORCE RECRUITER
ARMY NATIONAL GUARD RECRUITER SFC Aaron Crisman(605) 481-2450
ARMY RECRUITER
MARINE CORPS RECRUITING
NAVY RECRUITER
NAVY RECRUITER
Exemption for 100% permanently disabled. Applications at Equalization, 321 W 3rd.
SUPPORTIVE SERVICES FOR VETERAN FAMILIES(605) 390-6380
Jade Ronk.Homeless prevention, rapid rehousing, case management, financial asst.
VA BENEFITS INFO AND ASSISTANCE www.va.gov(800) 827-1000
VA MEDICAL CENTER 2501 W 22 nd , Sioux Falls(800) 316-8387
VETERANS MED APPT TRANSPORT Tues/Thurs. Call Vet Svc Officer.260-4420
VETERANS EMPLOYMENT SERVICES
VETERANS SERVICE OFFICER Yankton County, 321 W 3rd Ste 207260-4420
Cody Mangold. Mon-Fri, 9 am-noon, 1-5 pm, call ahead for appointment.

LEGAL ISSUES

ACCESS TO JUSTICE PROGRAM Free/reduced fee legal asst...(855) 287-3510 For low-income, elderly, vets, dom violence, sexual assault & people with disabilities. COURT SERVICES/PROBATION 410 Walnut Ste 203. Ron Freeman.....668-3075 CRIME STOPPERS ... EAST RIVER LEGAL SERVICES 335 N Main Ste 200, Sioux Falls(800) 952-3015 Free asst to low-income, vets, dom violence, elderly, disabled. Apply at erlservices.org FEDERAL TAX CLINIC USD Law School, help with IRS tax disputes (605) 658-3530 JUVENILE AND PAROLE SERVICES 1101 Broadway Ave Suite 119......668-3200 Free answers basic questions for those low-income, not incarcerated, limited assets. SD LEGAL FORM HELPLINE For those representing self in court. (855) 784-0004 SHERIFF, YANKTON COUNTY Preston Crissev, 410 Walnut Ste 104......668-3567 STATES ATTORNEY Rob Klimisch, 410 Walnut, indigent medical fund......665-4301

Free help for self-represented litigants in divorce, custody, parenting time in mediation. **GENERAL NUMBERS**

DRIVERS LICENSING 3113 Spruce. Tues/Thurs/Fri, 7 am-5:30 pm(800) 952-3696
EXTENSION SERVICE 901 Whiting
FEDERAL INFORMATION CENTER <u>www.usa.gov</u> (844) 872-4681
INTERNAL REVENUE SERVICES www.irs.gov(800) 829-1040
LIBRARY Dana Schmidt, Director. 515 Walnut St668-5275
MOUNT MARTY TAX PREP Free help tax seasonEmail <u>taxprep@mountmarty.edu</u>
PLANNING/DEVELOPMENT DISTRICT III Small Business asst
POST OFFICE 506 W 25 th <u>www.usps.com</u> 665-0626 or (800) 275-8777
RURAL OFFICE OF COMMUNTY SVC TAX ASST Free help filing taxes665-4559
TAX-AIDE Free help during tax season. 900 Whiting Dr
YANKTON THRIVE (Formerly Chamber of Commerce) 803 E 4th665-3636

Corrections/additions: Mike Gillis, (605) 668-3030 ext 7000214. Social Services does not guarantee service or advocate one service over another.